The Bardendale Chroniclez Created by Serra Gardendale Kia



Welcome to the 17th Annual Gardendale Magnolia Festival. This festival is a 501 c 3 nonprofit, is presented each year at Gardendale Civic Center. Proceeds benefit college scholarships for local high school seniors. The 5K Race will help Magic Moments grant a wish for a child with a chronic, life-threatening illness.

The festival was named in the Top 10 events in April in the 2010 and in May 2012 Alabama Tourism's Calendar of Events, Top 20 Events-Southeast Tourism Society 2015 and 2018, Birmingham Parent magazine's Family Favorite Festival 2014. There are approximately 30,000+ visitors each year.

LIVE MUSIC

JUDGE TALFORD BAND STEEL CITY REVIVAL HOLLYE MUDKATZ COTTON PICK'N KIDS FRIENDS LIVING HOLY (FLH) EAGLES WING WORSHIP BAND CHURCH 29:11 HUNTER SLADE MEGAN KANE BENTWOOD REVIVAL The festival is called "The Total Family Experience" because it provides activities and entertainment for all ages in a familyfriendly environment.

There are carnival



rides, pony rides, petting zoo, kid zone, car show, and free art classes!

Enjoy 150+ arts and crafts/business booths and 25+ unique food vendors. Take in the Classic Car Show and tap your foot to the beat of blue grass bands as well as other genres on three stages of live entertainment. The entire family will enjoy the Pooch Parade, eating contest, and satisfy their appetites with fried Oreos, funnel cake, shrimp poboys, Philly cheese steaks, kettlecorn, Cajun pistolettes, or sip on a tall glass of fresh squeezed lemonade. Free admission. Carnival armbands \$15. Pony rides and petting zoo extra.

FESTIVAL EVENTS

CAR AND BIKE SHOW: Saturday, April 21 9AM - 2PM Not only is there going to be an awesome car show, but there will be DJ, Games and Door Prizes!

KIDS N'ART CLASSES: FREE to the first 30 children (5-12 year old) Rock Painting 10:30 • Origami and Pinwheels 11:45 • Marker Drawing 1:00 • Door Hangers 2:15 • Pottery-Pinch Clay Pots 3:30.

SUPER FRIENDS 5K RUN

This year the charity is **Magic Moments**. The sole purpose of **Magic Moments** is to make the lifelong wishes and dreams come true for seriously-ill children, providing them an opportunity to turn away from illness and suffering - if only for a moment - and feel what it is like to be a kid again. The race will have a "Super Friends" theme because the charity helps children who are our little heroes and this charity is their hero! Everyone is encouraged to run dressed as their favorite hero character.

The 5K will start at 7AM. The **FUN RUN** will start at 7:30AM. The race will start and finish at Buffalo Wild Wings, 2505 Caufield Drive, Gardendale.

For more details, visit: magnoliafestival.org



The Law Enforcement Torch Run For Special Olympics

The Torch Run is an international series of torch relays run by law enforcement officers that lead up to Special Olympics Games. Over 97,000 law enforcement officers have carried the "Flame of Hope," raising awareness and funds for Special Olympics. The flame symbolizes courage and celebration of diversity uniting communities around the globe.

The Law Enforcement Torch Run (LETR) is the Special Olympics movement's largest grassroots

|--|

and public awareness vehicle in the world. Law enforcement volunteers around the world have raised \$675 million since the inception of the LETR in 1981.

fundraiser



corrections, and corporate security partners annually raise money and awareness for Special Olympics Alabama. The Alabama Torch Run helps support over 14,000 athletes who participate at the local, state, and international level. Seven Alabama athletes participated in the 2015 World Special Olympic Games in Los Angeles. All seven earned gold medals in their events, Unified Sailing and Unified Volleyball.

The Torch Run is more than just a run and

PAST TORCH RUN EVENTS

Reach for the Pie Pizza Cook-Off, March 17, 2018 Race to the Top, Orange Beach, March 3, 2018 Oak Mountain Polar Plunge, January 13, 2018 New Year's Day Annual Polar Bear Dip in Gulf Shores, January 1, 2018 Tip A Cop Red Robin, October 2017 Cops on Donut shops, September 29, 2017 AutoBahn Chase A Cop, August 4, 2017 Back the Blue Cruise/LETR Truck Convoy

Save the date!



In Alabama, hundreds of volunteer law enforcement officers,

encompasses a variety of fundraising vehicles
 such as t-shirt and merchandise sales, special
 events that include polar bear plunges, tip-a-cop
 and a host of other events. LETR is changing
 the future for people with intellectual disabilities.
 Through the LETR and Special Olympics
 partnership, we are lighting the
 way for acceptance and inclusion.

ent For more information, visit: altorchrun.com



Thursday July 26, 2018 10th Annual Alabama Law Enforcement Torch Run Golf Tournament Oxmoor Valley • Robert Trent Jones Golf Trail



630 Fieldstown Rd. Gardendale

SERRAGARDENDALEKIA.COM



SERRA GARDENDALE KIA **IS PROUD OF OUR POLICE DEPARTMENT**

Thank you to the Gardendale Police Department for your service. The Department's mission is to safeguard the lives and property of the Gardendale citizens, reduce the incidence and fear of crime, and enhance public safety, while working within our community to improve quality of life.

Their mandate is to do so with honor and integrity, while at all times conducting themselves with the highest ethical standards to promote public confidence in the police service.

Gardendale Police Department

Established 1955 1309 Decatur Highway • Gardendale, AL 35071

(205) 631-8787

EMPLOYMENT OPPORTUNITIES Individuals who are interested in a career with the Gardendale Police Department must first apply with the Personnel Board of Jefferson County. To apply and test for positions within the department, visit: pbjcal.org.





Our mission is to provide an experience to each and every customer that is beyond their expectations in a friendly, professional, and efficient manner, creating true customer value. We treat our customers as we would our family by helping them meet their transportation needs.

It's really quite simple. We want to be your lifelong provider for vehicle sales and service products, and to do that we will commit every resource to ensure that we never lose sight of the big picture.

Serra Automotive Group Customers First

Tony Serra Tony Serra







IT'S AS EASY AS WIRRY, HURRY, HURRY,



0% APR for up to 75 months. With \$13.34 per \$1,000 financed. With approved credit through Kia Motors Finance. Available on 2018 Optima, Sportage, Sorento, Forte, and Forte5. No down payment required. Cannot be combined with lease programs. See dealer for details. Offer expires 4/30/18.



VALUE OFFER FOR VOUR TRADE! Any negative equity must be refinanced with Kia Motors Finance. Customer must qualify for financing with Kia Motors Finance.

Seriendale Kia

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AT SERRA GARDENDALE KIA, YOU'LL RECEIVE ANERICA'S BEST WARRANTY!



- 10-year/100,000-mile limited powertrain warranty
- 5-year/60,000-mile limited basic warranty
- 5-year/100,000-mile limited anti-perforation warranty
- 5-year/60,000-mile 24-hour roadside assistance



10 Year/100,000 Mile Warranty is a limited powertrain warranty. For details see retailer or go to kia.com

New 2018 Kia Forte LX



\$3,352 due at lease signing (includes \$2653 down, \$139 first monthly payment, \$1864 cap cost reduction, \$650 acquisition fee, \$699 doc fee) plus tax and license. No security deposit required. Offer shown total lease payments \$5850. Actual payments may vary. Purchase option at lease-end for offer shown residual value of \$9773.40. Lessee is responsible for insurance, maintenance, repairs, 20¢ per mile over 12k miles/year, excess wear, and \$400 termination fee. Lease offer applies to Forte (MSRP \$18,795, includes freight, and excludes taxes, title, license, additional options and retailer charges). Photos for illustration purposes only. Dealer not responsible for typographical errors or omissions. Actual prices set by dealer. Expires 4/30/18.

New 2018 Kia Sportage LX FWD



\$4,135 due at lease signing (includes \$3,436 down, \$189 first monthly payment, \$2597 cap cost reduction, \$650 acquisition fee, \$699 doc fee) plus tax and license. No security deposit required. Offer shown total lease payments \$7783. Actual payments may vary. Purchase option at lease-end for offer shown of residual value of \$14999.90. Lessee is responsible for insurance, maintenance, repairs, 20¢ per miles/vear, excess wear, and \$400 termination fee. Lease offer applies to Sportage (MSRP \$24,590, includes freight, and excludes taxes, title, license, additional options and retailer charges). Photos for illustration purposes only. Dealer not responsible for typographical errors or omissions. Actual prices set by dealer. Expires 4/30/18.

New 2018 Kia Sorento L FWD



\$4,148 due at lease signing (includes \$3,449 down, \$179 first monthly payment, \$2620 cap cost reduction, \$650 acquisition fee, \$699 doc fee) plus tax and license. No security deposit required. Offer shown total lease payments \$9714. Actual payments may vary. Purchase option at lease-end for offer shown of residual value of \$13713.90. Lessee is responsible for insurance, maintenance, repairs, 20¢ per mile over 12k miles/year, excess wear, and \$400 termination fee. Lease offer applies to Sorento (MSRP \$26800, includes freight, and excludes taxes, title, license, additional options and retailer charges). Photos for illustration purposes only. Dealer not responsible for typographical errors or omissions. Actual prices set by dealer. Expires 4/30/18.



\$3,349 due at lease signing (includes \$2,650 down, \$179 first monthly payment, \$1821 cap cost reduction, \$650 acquisition fee, \$699 doc fee) plus tax and license. No security deposit required. Offer shown total lease payments \$8915. Actual payments may vary. Purchase option at lease-end for offer shown of residual value of \$10282.25. Lesse is responsible for insurance, maintenance, repairs, 20¢ per mile over 12k miles/year, excess wear, and \$400 termination fee. Lease offer applies to Soul (MSRP \$18695, includes freight, and excludes taxes, title, license, additional options and retailer charges). Photos for illustration purposes only. Dealer not responsible for typographical errors or omissions. Actual prices set by dealer. Expires 4/30/18.

New 2018 Kia Optima LX



LEASE FOR ONLY:

24 months. \$3,352 due at signing (\$2,653 down + \$699 doc fee) + tax and license. For qualified lessees. 12,000 mi/year.







PER MONTH! 24 months. \$3,678 due at signing (\$2,979 down + \$699 doc fee) + tax and license. For gualified lessees.

12.000 mi/vear.

"Exhilarating, Inside and Out.

10



Gardendale

\$3,678 due at lease signing (includes \$2,979 down, \$179 first monthly payment, \$2150 cap cost reduction, \$650 acquisition fee, \$699 doc fee) plus tax and license. No security deposit required. Offer shown total lease payments \$7096. Actual payments may vary. Purchase option at lease-end for offer shown of residual value of \$13627.10. Lessee is responsible for insurance, maintenance, repairs, 20¢ per mile over 12k miles/year, excess wear, and \$400 termination fee. Lease offer applies to Optima (MSRP \$23495, includes freight, and excludes taxes, title, license, additional options and retailer charges). Photos for illustration purposes only. Dealer not responsible for typographical errors or omissions. Actual prices set by dealer. Expires 4/30/18.

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The Kia Soul received the lowest number of problems per 100 vehicles reflecting higher quality among compact multi-purpose vehicles in the J.D. Power 2015-2017 U.S. Initial Quality Studies. 2017 study based on 77,419 total responses, evaluating 189 models, and measures the opinions of new 2017 vehicle owners after 90 days of ownership, surveyed in February-May 2017. Your experiences may vary. Visit jdpower.com/cars. The Kia Sorento received the lowest number of problems per 100 vehicles reflecting higher quality among midsize SUVs in the J.D. Power 2015 and 2017 U.S. Initial Quality Studies. 2017 study based on 77,419 total responses, evaluating 189 models, and measures the opinions of new 2017 vehicle owners after 90 days of ownership, surveyed in February-May 2017. Your experiences may vary. Visit jdpower.com/cars. The Kia Sorento received the lowest number of problems per 100 vehicles reflecting higher quality among midsize SUVs in the J.D. Power 2017 U.S. Initial Quality Studies. 2017 study based on 77,419 total responses, evaluating 189 models, and measures the opinions of new 2017 vehicle owners after 90 days of ownership, surveyed in February-May 2017. Your experiences may vary. Visit jdpower.com/cars. The Kia Forte received the lowest number of problems per 100 vehicles reflecting higher quality among compact cars in the J.D. Power 2017 U.S. Initial Quality Study based on 77,419 total responses, evaluating 189 models, and measures the opinions of new 2017 V.S. Initial Quality Study based on 77,419 total responses, evaluating 189 models, surveyed in February-May 2017. Your experiences may vary. Visit jdpower.com/cars. The Kia Source of the lowest number of problems per 100 vehicles reflecting higher quality among compact cars in the J.D. Power 2017 U.S. Initial Quality Study based on 77,419 total responses, evaluating 189 models, and measures the opinions of new 2017 vehicle owners after 90 days of ownership, surveyed in February-May 2017. Your experiences may vary. Visit jdpower.com/cars.

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New 2018 Kia Forte LX



Price plus tax, license and \$699 doc fee. Does not include price of any additional equipment or options. Cash back from Kia Motors America. Cash back offer may not be combined with finance or lease offers. Photos for illustration purposes only. Dealer not responsible for typographical errors or omissions. EPA fuel economy estimates. Actual mileage will vary with options, driving conditions, driving habits, and your vehicle's conditions. These estimates reflect EPA's revised coefficients beginning with some 2017 models. See dealer for details. Expires 4/30/18.



New 2018 Kia Sportage LX FWD

STOCK# 340066



Price plus tax, license and \$699 doc fee. Does not include price of any additional equipment or options. Cash back from Kia Motors America. Cash back offer may not be combined with finance or lease offers. Photos for illustration purposes only. Dealer not responsible for typographical errors or omissions. EPA fuel economy estimates. Actual mileage will vary with options, driving conditions, driving habits, and your vehicle's conditions. These estimates reflect EPA's revised coefficients beginning with some 2017 models. See dealer for details. Expires 4/30/18.

New 2018 Kia Sorento L FWD



Price plus tax, license and \$699 doc fee. Does not include price of any additional equipment or options. Cash back from Kia Motos America. Cash back offer may not be combined with finance or lease offers. Photos for illustration purposes only. Dealer not responsible for typographical errors or omissions. EPA fuel economy estimates. Actual mileage will vary with options, driving conditions, driving habits, and your vehicle's conditions. These estimates reflect EPA's revised coefficients beginning with some 2017 models. See dealer for details. Exoires 4/30/18.



Price plus tax, license and \$699 doc fee. Does not include price of any additional equipment or options. Cash back from Kia Motors America. Cash back offer may not be combined with finance or lease offers. Photos for illustration purposes only. Dealer not responsible for typographical errors or omissions. EPA fuel economy estimates. Actual mileage will vary with options, driving conditions, driving habits, and your vehicle's conditions. These estimates reflect EPA's revised coefficients beginning with some 2017 models. See dealer for details. Expires 4/30/18.

New 2018 Kia Optima LX







MSRP: \$23,925 Serra Kia Savings: \$1,207 CASH BACK: \$2,500 YOUR PRICE:

25 City/36 Hwy MPG

"Exhilarating, Inside and Out."



Price plus tax, license and \$699 doc fee. Does not include price of any additional equipment or options. Cash back from Kia Motors America. Cash back offer may not be combined with finance or lease offers. Photos for illustration purposes only. Dealer not responsible for typographical errors or ornissions. EPA fuel economy estimates. Actual mileage will vary with options, driving conditions, driving habits, and your vehicle's conditions. These estimates reflect EPA's revised coefficients beginning with some 2017 models. See dealer for details. Expires 4/30/18.



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ASK ABOUT OUR STAR APPROVAL PROGRAM!

Consumer Credit Application

		Social Security Number
State:	ZIP:	Phone:
	State:	State: ZIP:

Employment History

Employer:			Job Title:		
Address:			Supervisor:		
City:	State:	ZIP:	Salary:		
Phone:		Date From:		Date To:	
Employer:			Job Title:		
Address:			Supervisor:		
City:	State:	ZIP:	Salary:		
Phone:		Date From:		Date To:	

Source of Income	Total	Expenses	Total
Salary		Loans	
Bonuses & Commissions		Charge Account bills	
Income From Rental Property		Monthly Bills	
Investment Income		Real Estate Mortgages	
Other Income		Other Debts Itemize	

Give us a	
call today!	
205-336-4577	

lotal Income	lotal Expenses	

Bank References

Institution Name:	Institution Name:	Institution Name:	
Checking Account #	Savings Account #		Loan Balance:
Address:	Address:	Address:	
Phone:	Phone:	Phone:	

I hereby certify that the information contained herein is complete and accurate. This information has been furnished with the understanding that it is to be used to determine the amount and conditions of the credit to be extended. Furthermore, I hereby authorize the financial institutions listed in this credit application to release necessary information to the company for which credit is being applied for in order to verify the information contained herein.

Sigi	nati	ure

Or bring in this credit application

Built in the USA



Welcome to Kia Motors Manufacturing Georgia

Better yet, welcome to the Kia family. If you visit this part of Georgia, you'll quickly realize that there's a lot more than great cars being built here. What's sprung up over the past few years is a rebirth of sorts. Thanks to the vision and can-do attitude of folks here in West Point, Georgia, a community is flourishing and a classic American success story is in the making.

Built in the U.S.A.

Being Here Makes Us Better.

When we decided to begin manufacturing in the United States, we were confident of success. There's a growing demand for Kia cars and CUVs, and we wanted to better serve that need, but you have to do more than that to succeed. You need to surround yourself with quality people. Like the folks at our Georgia facility.

We believe we're building more than great cars in the U.S.—because we are. Kia Motors Manufacturing Georgia continues to be a significant growth enabler for the West Point community and the Kia brand. The plant operates three shifts and is responsible for the creation of more than 15,000 jobs (plant and suppliers). More than 40 percent of Kia's vehicles, the Optima and Sorento, are built in West Point.

Not only are we producing some of the most technologically advanced vehicles around, but we're doing it the Kia Way—with our "one-system/ one-team" approach that's built on trust, mutual respect, and open communication among all team members.

We're creating something truly special in West Point. Because of our continued commitment to developing the most efficient, environmentally-sustainable, and sophisticated manufacturing facility in the country, we've reached the production of our two millionth vehicle in the U.S. And we're just getting started. We're in it for the long haul. That means we're dedicated not only to taking care of the Kia family, but also to looking after the environment. After all, it's everyone's home.

Navigating the way to a better future.

Kia is one of the fastest growing car companies in the U.S., and as sales have grown, so has our role as a responsible corporate citizen. We're continually increasing our efforts to positively impact the communities we're in. In fact, one of our company's core values is Globality. This means we're always working to enhance the quality of life for people everywhere—to strive for a safe, diverse, and prosperous world.







Supporting schools across America.

At the heart of Kia's community partnerships is our dedication to youth empowerment and education. Kia is proud to partner with DonorsChoose. org—a revolutionary charity program that makes it easy to give back to public schools across America. What's really special about this program is that teachers ask for specific items so donors can choose the projects that inspire them the most. DonorsChoose.org has already raised nearly \$193 million for public schools nationwide, and we want to drive this number even higher. In just two years, Kia's "Double Your Impact" donation matching program raised the company's total impact to \$5 million, supporting nearly 500k students across the country. Because children, like cars, need preparation for a long, prosperous journey.





The Sorento and Optima GDI (EX, SX, SXL and certain LX trims only) are assembled in the United States from U.S. and globally-sourced parts. Warranty is a limited powertrain warranty. For details see retailer or go to kia.com





ACROSS

- 3 Rain the earth.
- 6 March comes in like a
- 8 It makes kites fly.
- 9 _____ makes it hard to see.
- 11 It's supposed to rain today. Take an _____
- 14 March winds bring April ______ .
- 15 A loud noise associated with storms.
- 16 No matter how long this season lasts, spring is sure to follow.
- 17 Not too hot.
- 18 If it's foggy in the morning, it will be _____ in the day.
- 20 Not too cold.
- 22 This gives light to help plants grow.
- 23 Rain mixed with dirt. Don't track it in the house!

DOWN

- 1 Dark clouds often bring this.
- 2 Hold onto your hat. It's _____ today.
- 4 I may be white and puffy or dark and threatening.
- 5 _____ flashes in the sky.
- 7 This turns green as days grow warmer.
- 9 April showers bring May _____.

10 Rain leaves these behind on the ground (but your mother probably doesn't want you to splash in them!).

- 12 I can be seen after a storm.
- 13 These bud with new leaves in early spring.
- 19 This wintery substance sometimes falls in the spring.
- 21 March goes out like this animal.



http://www.theholidayzone.com/

FAVORITE QUOTES

"I was a Kia K900 driver and fan before we decided to become partners, so I'm really excited to be Kia's first-ever luxury ambassador." - Lebron James

"The winner ain't the one with the fastest car. It's the one who refuses to lose." - Dale Earnhardt, Jr.

"The cars we drive say a lot about us." - Alexandra Paul

"Set your goals high, and don't stop till you get there." - Bo Jackson

"If you ain't first, you're last." - Ricky Bobby

"My wife gets so mad at me because I don't like to cook on the grill." - Nick Saban

"There is no doubt about precisely when folks began racing each other in automobiles. It was the day they built the second automobile." - Richard Petty

"When something is important enough, you do it, even if the odds are not in your favor." - Elon Musk

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4							2	5
		7			9		4	
5				4	2	7		
			6	3		5		
	9						8	4
6						4		2
	3	4		9				
			4		7		3	

Sudokukingdom.com • Answers on page 13

CASH BACK OFFERS

2018 KIA SORENTO 2017 "Highest Ranked Midsize SUV in Initial Quality, 2 out of 3 Years in a Row", by J.D. Power.



Cash back from Kia Motors America, Inc. Must take delivery from retail stock. Expires 4/30/2018. Cash back offer when you purchase a new eligible 2018 Sorento and may not be combined with finance or lease offers from Kia Motors Finance. Not all incentive programs are compatible. See dealer for details.



Cash back from Kia Motors America, Inc. Must take delivery from retail stock. Expires 4/30/2018. Cash back offer when you purchase a new 2018 Sedona LX, EX, SX, SX Limited (3.3L V6, Automatic Transmission) and may not be combined with finance or lease offers from Kia Motors Finance. Not all incentive programs are compatible. See dealer for details.



offer when you purchase a new eligible 2018 Sportage and may not be combined with finance or lease offers from Kia Motors Finance. Not all incentive programs are compatible. See dealer for details.



2017 "Highost

2018 KIA **OPTIMA**



\$2,500 CASH BACK

Cash back from Kia Motors America, Inc. Must take delivery from retail stock. Expires 4/30/2018. Cash back offer when you purchase a new eligible 2018 Optima and may not be combined with finance or lease offers from Kia Motors Finance. Not all incentive programs are compatible. See dealer for details.

2018 KIA **Optima Hybrid**





Cash back from Kia Motors America, Inc. Must take delivery from retail stock. Expires 4/30/2018. Cash back offer when you purchase a new eligible 2018 Optima Hybrid and may not be combined with finance or lease offers from Kia Motors Finance. Not all incentive programs are compatible. See dealer for details.

2018 KIA FORTE

2017 "Highest Ranked Compact Car in Initial Quality", by J.D. Power.

Cash back from Kia Motors America, Inc. Must take delivery from retail stock. Expires 4/30/2018. Cash back offer when you purchase a new eligible 2018 Forte and may not be combined with finance or lease offers from Kia Motors Finance. Not all incentive programs are compatible. See dealer for details.

2018 KIA RIO

Ranked Compact Multi-Purpose Vehicle in Initial Quality, 3 Years in a Row", by J.D. Power.

\$1,750 CASH BACK

Cash back from Kia Motors America, Inc. Must take delivery from retail stock. Expires 4/30/2018. Cash back offer when you purchase a new eligible 2018 Soul and may not be combined with finance or lease offers from Kia Motors Finance. Not all incentive programs are compatible. See dealer for details.





Cash back from Kia Motors America, Inc. Must take delivery from retail stock. Expires 4/30/2018. Cash back offer when you purchase a new eligible 2018 Rio and may not be combined with finance or lease offers from Kia Motors Finance. Not all incentive programs are compatible. See dealer for details.

The Kia Forte received the lowest number of problems per 100 vehicles reflecting higher quality among compact cars in the J.D. Power 2017 U.S. Initial Quality Study based on 77,419 total responses, evaluating 189 models, and measures the opinions of new 2017 vehicle owners after 90 days of ownership, surveyed in February-May 2017. Your experiences may vary. Visit jdpower.com/cars. The Kia Sorento received the lowest number of problems per 100 vehicles reflecting higher quality among midsize SUVs in the J.D. Power 2015 and 2017 U.S. Initial Quality Studies. 2017 study based on 77,419 total responses, evaluating 189 models, and measures the opinions of new 2017 vehicle owners after 90 days of ownership, surveyed in February-May 2017. Your experiences. The Kia Soul received the lowest number of problems per 100 vehicles reflecting higher quality among midsize SUVs in the J.D. Power 2015 and 2017 U.S. Initial Quality Studies. 2017 study based on 77,419 total responses, evaluating 189 models, and measures the opinions of new 2017 vehicle owners after 90 days of ownership, surveyed in February-May 2017. Your experiences may vary. Visit jdpower.com/cars. The Kia Soul received the lowest number of problems per 100 vehicles reflecting higher quality among compact multi-purpose vehicles in the J.D. Power 2015-2017 U.S. Initial Quality Studies. 2017 study based on 77,419 total responses, evaluating 189 models, and measures the opinions of new 2017 vehicle owners after 90 days of ownership, surveyed in February-May 2017. Your experiences may vary. Visit jdpower.com/cars.

2018 Campaign END PLASTIC POLLUTION

From poisoning and injuring marine life to disrupting human hormones, from littering our beaches and landscapes to clogging our waste streams and landfills, the exponential growth of plastics is now threatening the survival of our planet. In response, Earth Day 2018 will focus on fundamentally changing human attitude and behavior about plastics and catalyzing a significant reduction in plastic pollution. Goals include ending single-use plastics, promoting alternatives to fossil fuel-based materials, promoting 100 percent recycling of plastics, corporate and government accountability and changing human behavior concerning plastics.

More than one billion people in 192 countries now participate in Earth Day activities each year, making it the largest civic-focused day of action in the world. It's impossible to avoid plastic entirely, but there are so many effective ways to limit your exposure.



Take personal responsibility to End Plastic Pollution. For more information, visit: earthday.org.

Connie's Corner

"Chess Pie or Just Pie?"

The origin of the name Chess Pie is unknown but several theories have been suggested. Most common are the mispronunciation of "cheese pie" similar in the texture to the British cheesecakes and lemon curd. Also the mispronunciation of "it's just pie" or "it's jes' pie". The term may also have originated from a piece of furniture used prior to home refrigeration called a "pie chest" in which pies were stored. Common types of chess pie are buttermilk, coconut, chocolate, lemon and nut. Here is a recipe that got great reviews. Let me know if it's your favorite!



INGREDIENTS

½ c (1 stick) butter, melted
1 ¾ c sugar
3 tbsp all-purpose flour
3 eggs, beaten
1 c buttermilk
1 tsp vanilla extract
½ tsp nutmeg
¼ tsp salt

DIRECTIONS

Preheat oven to 350 degrees. Prepare crust. Beat or whisk the eggs in a medium bowl. In large bowl, combine melted butter (not hot), sugar, flour, eggs, buttermilk, vanilla, nutmeg, salt, lemon juice and zest. Mix on LOW until smooth. Pour into prepared pie crust. Bake for 50-60 mins until golden brown-toothpick test-clean. Cool. Serve or refrigerate over several hours then serve.

No Gym. No Problem.

I invite you to take this 30 day challenge with me!

Let's commit to 10 pushups each day. You can split them up throughout the day if needed. Make sure you maintain good form. Keep elbows close to your side. Keep your ribs in as you bend your elbows at 90 degrees. Lower your shoulders in line with your elbows. Keep your gaze forward and your neck in alignment with your spine. In no time you will see a noticeable difference in upper body strength and flatter abdominal muscles. Add more pushups as these become easier.

Let's commit to planks for 2 minutes. Build up slowly to 2 minutes if you have not tried these before in increments of 30-40 second increases. Notice all core muscles are engaged which will build strength that supports your body weight for everyday function such as improved balance and coordination. Keeping nice form begins with straight arms or another version with bent arms using the forearms on the ground and hands flat on the ground. Push up with straight legs, toes curled down keeping buttocks in alignment with the spine. Take breaks if needed by bending your knees to the ground. This will prevent back strains.

One more exercise for this month's challenge is lunges. Building functional large muscle groups will allow you to use thigh muscles when bending at your knees instead of bending at the waist and straining back muscles. Bend the left knee forward not past your foot to prevent knee injuries from occurring. Make sure your legs are far enough apart to make this an effective exercise. Build up to 10-15 repetitions on each leg then switch. Do at least 3 repetitions of each side alternating after each 10-15 repetitions. Do not lean your torso forward keep your core in line with your hips and sink your weight straight down. Remember to keep good form to produce effective muscle building.

Depending on your starting point, you can adapt the plan to meet your current fitness level and work it into your busy schedule. You may check with your family doctor before starting any fitness challenge. Stay consistent and remember to slowly add repetitions as you feel progress happening. As you strengthen these core and functional muscles you will see improvement with strength, balance

2 tbsp lemon juice and zest from one medium lemon1 unbaked 9 inch deep dish pie crust and coordination.

In Good Health, Connie





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APRIL EVENTS

630 Fieldstown Rd SerraGardendaleKia.com 205-386-4377

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Natl Sourdough Bread Day	2 Nati Pnut Butter & Jelly Day	3 Natl Find a Rainbow Day	4 Natl School Librarian Day	5 Natl Deep Dish Pizza Day Economic Development	6 Natl Sorry Charlie Day	7 Natl No Housework Day TLC Teen Summit 8am @ True Love Church
Nati Sourdough Bread Day April Fool's Day The Lion King-BJCC	Nati Phut Butter & Jelly Day Ribbon Cutting: D& D Flooring 12pm	Alabama St Hornets vs Samford Bulldogs 6pm Joe Lee Griffin Field Birm Barons vs UAB Blazers 6pm Regions Field Chrissy Metz 8pm @ The Lyric Theatre	Eggs & Issues Breakfast w/ Congressman Gary Palmer 7:30am 50 Yrs After MLK: PEN AMERICA Keynote 6pm @ Burm Civil Rights Institute Keeper of the Dreams Awards 6pm @ Sheraton Grand Ballroom	Commit Development Committee Meeting 8:30am @ Hoover Chamber Office Nextech User Forum 8:30am @ Kassouf & Co. Vocalizers Toastmasters Club 6:15pm @ Hoover Library Improv 7pm @ StarDome	AAUW-AL Annual Mtg (thru 4/8) 5pm @ Hyatt Regency Kevin Hart: The Irresponsible Tour 7pm @ Legacy Arena LaFille Mal Gardee (thru 4/8) 7:30 @ BJCC Always a Bridesmaid (thru 4/7) 7:30pm @ Homewood Theatre Jazz is PHSH w/LUTHI 8pm @ WorkPlay Theatre Taylor Hicks 8pm @ The Lyric Theatre	True Love Church Shades Creek Fest 10am @ Jemison Park 3 rd Annual Fido Fest 11am The Summit 2018 Ladies' Tea @ Gardendale Civic Center "3 on a String" 7pm @ Gardendale High School Andy McKee 8pm @ Workplay Theatre 6 th Annual Cahaba BBQ @ Cahaba Brewing Company 3M River City Run, Funky F Run, Mutt Strut
8 Natl Empanada Day Disney Junior Dance Party 4pm @ BJCC Dark Star Orchestra 6pm @ Avondale Brewing Company 85 South Tour 6pm @ StarDome Sara Evans 8pm @ The Lyric Theatre	9 Natl Chinese Almond Cookie Day Sr Citizen Luncheon @ Vestavia Hills Civic Center Bryant-Jordan Scholarship Banquet 6pm @ Sheraton Birmingham Hotel Birmingham Bandstand 9pm @ The Nick	10 Natl Cinnamon Crescent Day Chamber of Commerce Board Meeting 12pm @ Gardendale Civic Center Dan Cummins 5pm @ StarDome	11 Natl Eight Track Tape Day 18 Employment Law & HR Legislative Symposium 8:30am @ The Club Hairspray The Musical (thru 4/15) @ UAB's Alys Stephens Center Violins of Hope "Giving Voice to the Voiceless" @ Alys Stephens Center	12 Natl Grilled Cheese Sandwich Day Spring Plant Sale (thru 4/15) @ Brookwood Village Chamber of Commerce Lunch 11:30am @ Gardendale Civic Center Alabama Auto Show 12pm (thru 4/15) @ BJCC	13 Natl Peach Cobbler Day Charity Golf Tourney 7am for FOCUS on Recovery @ Timberline Golf Club 20 th Annual St. Elias Food & Culture Festival 10am–9pm @ St. Elias Catholic Church Choreography Showcase 7:30 @ Dance Foundation Brian Regan 8pm @ BJCC Jerry Garcia Cover Band 9:30pm @ Zydeco Day out with Thomas (thru 4/22) @ Heart of Dixie Railroad Museum	14 Natl Pecan Day Blue Angels Air Show (thru 4/15) @ Tuscaloosa Airport Jazz in the Park 12pm @ Birmingham Railroad Park 7th Annual Dixie Vintage Antique Car Show @ Oak Mountain State Park 50th Anniversary of "Oh Happy Day" Concert 5pm First Memorial Baptist Churv Violins of Hope in Concert with Alabama Symphony Orchestra 7pm@ UAB's Aly Stephens Center Jeff Stetson's "The Meeting! A Stage Play 7pm @ The Avondale Gallery & Loft
15 Natl Glazed Spiral Ham Day	16 Natl Eggs Benedict Day	17 Nati Cheeseball Day	18 Natl Animal Crackers Day	19 Natl Amaretto Day	20 Natl Cheddar Fries Day	21 Nati Chocolate Covered
7th Annual Darter Festival 10am@ Cahaba Brewing Company Monthly "Bottomless Brunch" 11:30am @ Iron City Broadway Baby! Music of the Great White Way 2pm @ Wallace State Community College	Theresa Caputo Live! 7:30pm @ BJCC Concert Hall Kevin Morby 8pm @ Saturn	IGNITE Volunteer Awards Ceremony @ The Club Restaurant Trap Yoga 6pm @ The Hub Bloom: An Event For New and Expecting Moms 6:30 @ UAB Women Center	Little Seeds: The World Beneath Our Feet 10am @ Birmingham Botanical Gardens Modest Mouse 8pm @ Sloss Furnaces Nicole Atkins 8pm @ Saturn	Ain't Misbehavin'- The Fats Waller Musical Show (thru 4/29) @ Virginia Samford Theatre 5th Annual Taste of Pelham 6pm@ Pelham Civic Complex An Evening With The Eagles 8pm @ BJCC	MAGNOLIA FESTIVAL 5pm Honda Indy Grand Prix (thru 4/22) @ Barber Motorsports Pkwy Big Band Ballroom Dance 7pm @ Burrow Center for Fine & Performing Arts Motown: The Musical 8pm (thru 4/22) @ BJCC	Alabama Coffee Fest 9am Cashews Day MAGNOLIA FESTIVAL 10am 2018 Earth Day @ Birm Botanical Gardens Alabama Coffee Fest 9am Cahaba Brewing Company Children's Business Fair 10am @ Fairfield Civic Cer 12th Annual Montebello Art Fest @ Orr Park Annual MODEL: Celebratio of Artistic Expression 2pm @ The Harbert Center
22 Natl Jelly Bean Day	23 Natl Cherry Cheese Cake	24 Natl Pigs in a Blanket Day	25 Natl Zucchini Bread Day	26 Natl Pretzel Day	27 Natl Prime Rib Day	28 Natl Blueberry Pie Day
EARTH DAY Blissful Bride Wedding Event 1pm @ BJCC 2018 Historic Hollywood Tour of Homes 1pm in Homewood Birmingham Boys Choir and EMBELLISHMENTS Handbell Ensemble 2:30pm @ Metropolitan Church	Nati Cherry Cheese Cake Day City Council Regular Meeting 6pm @ Vestavia Hills City Hall Dynamics of Officer/Citizen Encounters 8pm	28th Annual Mayor's Prayer Breakfast 7:30am@ Vestavia Country Club Forge Gardening Class: Fairy Gardens 10am@ Birmingham Botanical Gardens Tips for Creating an Unforgettable Presence 11:30am@ The Club "Ragin Cajun" John Morgan 7:30 @ StarDome	Rockin' Road to Dublin 7:30pm @ The Lyric Theatre "Rajin Cajun" John Morgan 7:30pm (thru 4/28) @ StarDome	Build a Better Landscape Business Workshop 8:30am (thru 4/27) @ Thompson Tractor, 2401 Pinson Valley Pkwy Taste of Bessemer & Business Expo 4pm Celtic Woman: Homecoming Tour 7pm @ BJCC	Tails in the Trails 6:30 Birmingham Zoo 35th Annual Magic City Art Connection (thru 4/29) @ Linn Park 50th Annual State of AL Sports Hall of Fame Induction Banquet (thru 4/28) @ Sheraton Civic Center Hotel	9th Annual Bob Sykes BBC Blues Festival 12pm-8pm @ DeBardeleben Park, Bessemer Centennial Celebration & 5 Mile Creek Festival @ Ford Road, Downtown Tarrant School House Rock Live! 2:30pm @ Birmingham Children's Theatre BMX Race: Warnicke Doub in Pelham
29	30	17th Ann. MACNI				
Natl Shrimp Scampi Day Celebrate Hoover Day 1:30 School House Rock Live! 2:30 @ Birmingham Children's Theatre	Natl Oatmeal Cookie Day Underoath 7pm @ Iron City The Dangerous Summer 7pm @ Zydeco	April 2	<i>stival</i> 0-21, 2018		FRI 5-10pm SA	

FRI 5-10pm SAT 10am-5pm GARDENDALE CIVIC CENTER

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@ Iron Center

Black Veil Brides 6:30

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